|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to eat at least five servings of fruit and/or vegetables each day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 249 | 48.8 | 40.2 - 57.4 | 557 | 53.0 | 47.9 - 58.0 | 806 | 51.2 | 46.4 - 56.0 |
| 30-44 | 343 | 53.9 | 47.2 - 60.5 | 706 | 60.8 | 55.0 - 66.3 | 1049 | 57.7 | 53.2 - 62.2 |
| 45-59 | 238 | 63.4 | 54.2 - 71.7 | 411 | 70.0 | 63.9 - 75.5 | 649 | 67.0 | 61.5 - 72.1 |
| 60-69 | 111 | 57.1 | 45.1 - 68.4 | 251 | 75.8 | 68.1 - 82.2 | 362 | 68.5 | 61.3 - 74.9 |
| **Total** | **941** | **53.9** | **48.7 - 58.9** | **1925** | **60.1** | **56.8 - 63.3** | **2866** | **57.4** | **54.2 - 60.6** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 755 | 54.5 | 48.7 - 60.2 | 1637 | 59.8 | 56.2 - 63.2 | 2392 | 57.6 | 54.0 - 61.1 |
| Urban | 186 | 51.6 | 40.9 - 62.1 | 288 | 61.9 | 53.4 - 69.9 | 474 | 56.6 | 48.9 - 63.9 |